

If you have been diagnosed with uterine fibroids and anemia, you are not alone!

Print this handy list of questions to help you speak with your doctor about uterine fibroids and anemia



Talking points

- How are anemia and uterine fibroids related?
- How can anemia be detected prior to fibroid surgery?
- Why should I correct my anemia prior to fibroid surgery?
- If left untreated, what other health-related problems can anemia cause?
- What complications could occur during and after my surgery, if my anemia is not treated?
- What would you recommend for anemia improvement prior to fibroid surgery?
- Could you suggest some lifestyle changes I can make that can help with the symptoms of uterine fibroids?

You can ask these questions to your family physician, general gynecologist or minimally invasive gynecologic surgeon to help you find the right treatment for your anemia caused by uterine fibroids.